

## Homework Grid – Year 5 – Autumn 1

**Literacy:**  
Practise reading and spelling your words from the year 3 and 4 curriculum list.  
Remember to read regularly at home - try at least 3 times a week.

**Maths:**  
Learn your times tables using TT Rockstars.  
Practise reading and writing numbers up to 1,000,000. Can you write them in words and digits?  
Login to MyMaths to complete the work set.

**I am a writer:**

Follow the lesson below using Oak Academy - this will help you to review word classes. Then write 10 sentences based on The Explorer. Can you include a noun, verb, adjective and adverb in every sentence?



<https://classroom.thenational.academy/lessons/to-explore-word-class-6cu3je/activities/1>

**I am a researcher:**

Find out information about the people of Peru. You could record a video sharing your facts and send it on Class Dojo.



**I am a positive thinker:**

See below for your instructions!



**I am a linguist:**

I can draw a picture of myself and describe me using words in Spanish.



**I am mindful:**

Log in to Zumos and explore your chillroom.



Take part in Cosmic Kids Yoga on Youtube.  
<https://www.youtube.com/watch?v=jZytNWjQJKo&vi=en-GB>

**I am a sportsperson:**

Create a 5 minute warm-up routine using some of the boxercise techniques you have learnt in PE.



**I am a chef:**

Tortillas are a popular snack in South America. Can you design and make a filling that you would enjoy inside a tortilla wrap? Remember to send a picture of your wonderful creation on Class Dojo.



**I am an artist:**

Watch the clip on BBC Bitesize to learn how to draw a landscape to prepare for our work on South American landmarks.



<https://www.bbc.co.uk/bitesize/clips/zjyr87h>

**I am a musician:**

Listen to your favourite song/piece of music. Can you identify the instruments being used? Upload what you find to Class Dojo.



Name: \_\_\_\_\_

Date: \_\_\_\_\_

## POSITIVE THOUGHTS & AFFIRMATIONS

1. There is no one better to be than myself.
2. I am enough.
3. I get better every single day.
4. I am an amazing person.
5. All of my problems have solutions.
6. Today I am a leader.
7. I forgive myself for my mistakes.
8. My challenges help me grow.
9. I am perfect just the way I am.
10. My mistakes help me learn and grow.
11. Today is going to be a great day.
12. I have courage and confidence.
13. I can control my own happiness.
14. I have people who love and respect me.
15. I stand up for what I believe in.
16. I believe in my goals and dreams.
17. It's okay not to know everything.
18. Today I choose to think positive.
19. I can get through anything.
20. I can do anything I put my mind to.
21. I give myself permission to make choices.
22. I can do better next time.
23. I have everything I need right now.
24. I am capable of so much.
25. Everything will be okay.
26. I believe in myself.
27. I am proud of myself.
28. I deserve to be happy.
29. I am free to make my own choices.
30. I deserve to be loved.
31. I can make a difference.
32. Today I choose to be confident.
33. I am in charge of my life.
34. I have the power to make my dreams true.
35. I believe in myself and my abilities.
36. Good things are going to come to me.
37. I matter.
38. My confidence grows when I step outside of my comfort zone.
39. My positive thoughts create positive feelings.
40. Today I will walk through my fears.
41. I am open and ready to learn.
42. Every day is a fresh start.
43. If I fail, I will get back up again.
44. I am whole.
45. I only compare myself to myself.
46. I can do anything.
47. It is enough to do my best.
48. I can be anything I want to be.
49. I accept who I am.
50. Today is going to be an awesome day.

I am a positive thinker:

Here are your positive thoughts and affirmations. Can you choose one a day and write about your thoughts? Remember, your positive thoughts create positive feelings!