

LUNCH MENU

WEEK 1

NORTH EATS.

So much more than school food

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Main Dish

**Meatballs
Mashed Potato
Gravy**



**All Day Breakfast
with Bacon Potato
Wedges**

**Roast Chicken
Yorkshire Puddings
Roast Potatoes
Gravy**

**Mince and
Dumplings
New Potatoes**

**Chicken Goujons
with Potato Wedges**

Alternative Dish

**Cheese Wrap **
Vegetable Sticks**



**All Day Breakfast
with Veggie
Sausage
Potato Wedges**



**Vegetable Pie
Roast Potatoes
Gravy**



**Risotto with
Homemade Garlic
Bread**



**Quorn Bites with
Potato
Wedges**



Salads

Fresh Salads

Including Lettuce, Cucumber, Tomato, Grated Carrot & Mixed Salads

Vegetables

**Carrots
Peas**



**Sweetcorn
Broccoli**



**Carrots
Cabbage**



**Broccoli
Sweetcorn**



**Baked Beans
Peas**



Desserts

**Vanilla
Ice-Cream**



**Chocolate Sponge
with Chocolate
custard**



**Jelly with Fruit
Slices**



**Apple Crumble
Custard**



**Orange, Sultana
and Carrot Slice
Custard***



Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily



Vegetarian



Nutritionists Choice



Fruit Based



Wholegrain



Oily Fish

LUNCH MENU

WEEK 2

NORTH EATS.

So much more than school food

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Main Dish

  **Veggie Pasta Bolognese **** 
Tomato Bread Twist

Sticky Chicken Noodles

Roast Pork Roast Potatoes Gravy

Minced Beef Pie New Potatoes Gravy

Fish Fingers or Salmon Fish Fingers and Chips

Alternative Dish

 **Margarita Pizza with Vegetable Sticks** 

Cheese and Onion Pasty with Potato Wedges 

 **Shepherdess Pie Gravy** 

Spanish Tortilla 

Quorn Bites and chips 


Salads

Fresh Salads

Including Lettuce, Cucumber, Tomato, Grated Carrot & Mixed Salads


Vegetables

Carrot Sticks
Cucumber Sticks 

Peas
Broccoli 

Carrots
Cabbage 


Parsnip
Sweetcorn 

Baked Beans
Peas 

Desserts

 **Flapjack and fruit slice** 

 **Peach shortbread pudding* and custard** 

Raspberry Yogurt cake with Custard 

Cocoa Finger and Orange Wedge* 

Sponge Cake and custard 

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily



Vegetarian



Nutritionists Choice



Fruit Based



Wholegrain



Oily Fish

LUNCH MENU

WEEK 3

NORTH EATS.

So much more than school food

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Main Dish

Macaroni Cheese



**Spaghetti Bolognese **
Garlic Bread**



**Roast Turkey
New Potatoes
Yorkshire Pudding
Gravy**

**Chicken Curry with
Rice**



**Fish Fingers
and Chips**

Alternative Dish

**Veggie Sausage
Mash
Gravy**



**Quiche
Salad and Coleslaw**



**Quorn Roast
Mash
Yorkshire Pudding
Gravy**



Vegetable Lasagne



**Mexican Tacos
With Chips**



Salads

Fresh Salads

Including Lettuce, Cucumber, Tomato, Grated Carrot & Mixed Salads

Vegetables

**Peas
Carrots**



**Sweetcorn
Broccoli**



**Carrots
Cabbage**



**Mixed Vegetables
Sweetcorn**



**Baked Beans
Peas**



Desserts

**Oatie Biscuit and
Fruit Slices***



**Pear Upside Down
Cake and Custard**



**Strawberry Ice-
Cream**



**Jam sponge with
Custard**



**Banana and
Apricot flapjack*
with Custard**



Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily



Vegetarian



Nutritionists Choice



Fruit Based



Wholegrain



Oily Fish