

# Parent Support Advisor's Winter Newsletter 2022

I hope you have a relaxing and fun-filled holiday and look forward to seeing you all back in school on Wednesday 4<sup>th</sup> January 2023. Thank you, Mrs

Charlton

**New Term, New Year**, Please remember your child's attendance needs to be over 95% otherwise they are classed as a persistent absentee by the Government.

If you require support to help your child to arrive to school on time please contact Mrs Charlton or Mrs Davison.

## What does it mean?

Ca	tegorising attendance		
99% - 100%	Outstanding		
97% - 98.9%	Excellent		
95% - 96.9%	Good (expected)		
92% - 94.9%	Needs to improve		
90% - 91.9%	Poor		
Below 90%	A major cause for concern		

# Keep your children safe



Type CEOP into Google for latest advice.

www.kidscape.org.uk/zap - e-safety advice & cyber bullying, anti-bullying & assertiveness workshops.

<u>www.childnetSTAARToolkit</u> – lots of ideas, information & practical help to explore keeping your children safe when they are on a computer.





<u>THE BREAD AND BUTTER THING</u> - Pay just £7.50 for at least £30 worth of food. Get fruit and veg, chilled goods and cupboard staples for a fraction of their normal price. Free membership. Open to all residents and there is no criteria for anyone to use the service. The first week is free.

Day	Hub	Collection Time	Collection Point
Monday	Elim Church	2.15pm	Elim Church, Bowman Street (Harrowgate Hill )
Tuesday	Skerne Park	11.30am	Skerne Park Youth & Community Centre
Tuesday	Cockerton Club	1.30pm	Cockerton Club, Cockerton Village
Wednesday	The Well	1:30pm	The Well Methodist Church, North Road
Wednesday	Corporation Road	2.15pm	Corporation Road Primary School
Thursday	Red Hall	1.30pm	Red Hall Primary School
Thursday	Eastbourne	2.00pm	Eastbourne Community Hub in Eastbourne Park
Friday	Firthmoor	1.30pm	Firthmoor Community Centre

Step 1 - Send a text to 07537416040 with your full name, your postcode and the name of your hub (Elim, Skerne Park, Cockerton, etc.) and we will get in touch.

Step 2 - Select the size of order you want to receive. A typical family order would be £7.50, an individual would be £4. An extra large family would be £15.

Step 3 - We'll send you a text every week to see if you want an order. All you have to do is reply "YES" to the text by 10:00 the day before collection and we'll deliver your order to your chosen hub.

### Class/School Dojo

Remember to check the dojo link for new information and the school website.

**YOGA FOR KIDS** — help your children to sleep better and be more relaxed. You Tube — Goodnight Yoga, pose by pose by Marian Gates and **Cosmic Kids**.

**GoZen!** Programmes are all about helping kids thrive by transforming their worry and other tough emotions into skills of resilience.



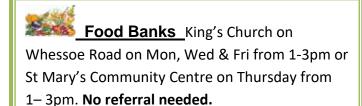
Saturdays 10.00am - 12.00pm

FREE

Darlington Library, Crown Street & Cockerton Library

For more information please visit www2.darlington.gov.uk







FREE School Uniform

Shop now open in

Queen Street in the Town Centre -Monday & Wednesday 9-12pm Thursday 1 - 4pm Friday 9.30-2pm

# Holiday Activity Ideas

**FREE** Online festive fun for youngsters from Darlington Libraries – visit

https://www.darlington.gov.uk/your-council/news/news-item/?=1371

Darlington South Park parkrun - Weekly Free 5km Timed Run every Saturday - FUN FOR ALL THE FAMILY

#### **Wellbeing Links**

https://nipinthebud.org/tips-for-parents-andteachers/

https://parents.actionforchildren.org.uk/covid-19/

#### **Parenting Advice**

https://learning.nspcc.org.uk/media/2614/home-orout-alone-guide.pdf



# Wishing you all a



